

Week 1 - Autumn Term Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Mediterranean chicken traybake with paprika diced potatoes	Beef meatball ramen bowl	Roast British beef with horseradish mash or traditional roast potatoes, Yorkshire pudding and gravy	Lasagne with garlic bread and winter slaw	Fish taco with tomato salsa and lime avocado guacamole
Vegetarian Option	Spanakopita with paprika diced potatoes	Spicy butternut and butterbean bake with potato wedges and sour cream	Glamorgan sausages with horseradish mash or traditional roast potatoes, roasted vegetables and gravy	Beetball (beetroot) falafel with vegetable couscous and lemon coriander houmous	Spicy vegan bean puff with fries
Dessert	Spiced apple oatcake ✓	Pear and ginger crumble with custard ✓	Eton mess cake ✓	Apple and cinnamon cobbler with custard ✓	Lemon feather sponge with citrus sauce ✓

Menu served weeks commencing: 30th August, 27th September, 18th October, 8th November, 29th November 2021, 3rd January, 24th January 2022



Week 2 - Autumn Term Lunch Menu

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Main Course	Thai green chicken curry with fragrant rice	Sweet 'n' sour pork noodles	Garlic and thyme roasted chicken with roast potatoes	Chicken kofta served on warm flatbread with tzatziki and Greek salad	Fish 'n' chips
Vegetarian Option	Margherita mac 'n' cheese with cherry tomatoes and fresh basil with focaccia	Squash-age roll with horseradish mash	Golden glazed carrot and mushroom tart with cream cheese and tarragon with jewelled couscous	Vegetable kaathi rolls	Veggie scotch eggs with chips
Dessert	Chilli baked pineapple ✓	Mystery marmalade muffin topped with crème fraiche ✓	Peach and apple crumble with custard ✓	Carrot cake with cream cheese topping ✓	Vegan chocolate and beetroot brownie with crème fraiche ✓

Menu served weeks commencing: 6th September, 27th September, 4th October, 15th November, 6th December 2021, 10th January, 31st January 2022

Week 3 - Autumn Term Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Chicken katsu curry on a bed of basmati rice	Bangers and mash with onion gravy and baked beans	Roast pork crackling joint with apple sauce, sage and onion stuffing, traditional roast potatoes and gravy	Braised beef pie with country style diced potatoes	Fish finger bap on a bed of crispy lettuce with lemon mayo and jacket wedges
Vegetarian Option	Vegetable chilli with nachos	Tofu and spinach lasagne	Red dragon pie	Butternut squash, chickpea and carrot tagine with aromatic couscous	Onion bhaji burger with cucumber raita and jacket wedges
Dessert	Caribbean cake and coconut custard ✓	Canadian gingerbread with vanilla sauce ✓	Winter spiced fruit salad ✓	Raspberry and apple cake with crème fraiche ✓	Hot apple taco ✓



Menu served weeks commencing: 20th September, 11th October, 1st November, 22nd November, 13th December 2021, 17th January, 7th February 2022